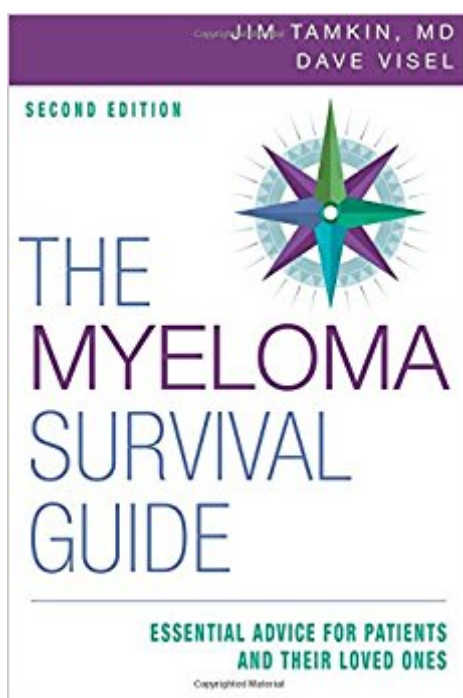


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# The Myeloma Survival Guide: Essential Advice For Patients And Their Loved Ones, Second Edition (Volume 2)



## Synopsis

The Myeloma Survival Guide makes sense of the difficult questions myeloma patients face, dealing with every aspect of life after diagnosis, from creating a wellness team to navigating treatment options to building a financial safety net. Jim Tamkin, Md, who lived with myeloma for 11 years, and Dave Visel share the insights they've gained as a doctor, patient, and caregiver, including:

- Everything you need to know about drugs and treatments, including stem cell transplants
- How to deal with the pain and side effects of chemotherapy, radiation, and surgery
- Insurance and tax benefits to save money and get you the care you deserve
- Take-charge tools you can use today to feel better tomorrow

The second edition has been thoroughly updated and includes a new chapter on pills and medical adherence.

## Book Information

Paperback: 290 pages

Publisher: Demos Health; 2 edition (July 21, 2017)

Language: English

ISBN-10: 0826127053

ISBN-13: 978-0826127051

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #118,862 in Books (See Top 100 in Books) #35 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Oncology](#) #77 in [Books > Medical Books > Medicine > Internal Medicine > Oncology](#) #181 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer](#)

## Customer Reviews

An invaluable guide to patients with newly diagnosed multiple myeloma. Not only have they provided clear information on the disease and its treatment, but most importantly also convey critical guidance on how to deal with the very personal life-impacting effects of this disease for patients and family members alike." - Kenneth C. Anderson, MD, Kraft Family Professor of Medicine, Harvard Medical School, and Director, Jerome Lipper Multiple Myeloma Center and LeBow Institute for Myeloma Therapeutics, Dana-Farber Cancer Institute

"James Tamkin, MD, FACP, FACE lived with myeloma for eleven years. He co-founded the TBA

(Their Best Advice) Foundation with Dave Visel in 2009 to provide myeloma patients with the resources they need to cope with the disease. He worked as an internist and endocrinologist in Los Angeles until his death in March 2011." "Dave Visel, is co-founder of the TBA Foundation and author of Living with Cancer: A Practical Guide. He is a retired advertising copywriter and marketing executive, and is a caregiver to his wife, Karen, who has lymphoma. They live in Los Angeles."

Well written and informative, especially helpful for the newly diagnosed.

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